CASUAL FRENCH

POLUX

BY PAUL PAIRET

DELIVERY 9:00 - 16:00

READY-TO-REHEAT INSTRUCTIONS

- Menu selection and offer are limited and subject to daily supply under these exceptional circumstances
- Due to the current delivery challenges, food will be delivered chilled
- Reheating suggestions are provided, alternatively hot dishes may also be microwaved if preferred

BREAD

Baguette

1pc x 250g Baguette, 40g Soy & Lemon Butter - 50
Storage: Room temperature if consumed on the same day
Option: Freeze up to 90 days, defrost before reheating
Reheating: Bake 250°c for 3 minutes
Serve butter at room temperature

STARTERS

Grilled Piquillos

100g Grilled Piquillos & Piquillos Vinaigrette - 70
Storage: Refrigerate, consume within 3 days
Set at room temperature 5-10 minutes prior to eating

Iberico de Bellota "5j"

30g Iberico Jamón, Berkel Sliced - 220
Storage: Refrigerate, consume within 7 days
Set at room temperature 5-10 minutes prior to eating

Iberico Salchichón

60g Iberico Salchichón, Berkel Sliced - 80
Storage: Refrigerate, consume within 7 days
Set at room temperature 5-10 minutes prior to eating

SOUP / SANDWICH / PASTA

Roasted Pumpkin Soup

220g Pumpkin, Pancetta, Croûtons, Hazelnut - 80
Storage: Refrigerate, consume within 3 days
Option: Freeze soup up to 30 days, defrost before reheating
Reheating: Pour soup into sauce pan, bring to boil
Serve with croûtons & hazelnuts

Croque Polux

1pc Grilled Toast Ham & Cheese - 90
Storage: Refrigerate, consume within 3 days
Option: Freeze up to 30 days, defrost before reheating
Reheating: Pre-heat pan on medium-high heat
Sear both sides in pan until crisp and warmed through

Coquillettes Ham & Cheese

250g Coquilletes, Ham & Gruyère - 80
Storage: Refrigerate, consume within 3 days
Reheating: Boil sauce in sauce pan,
add coquilletes, ham & cheese,
stir until hot and desired consistency
Season with a drizzle of olive oil, and a twist of black pepper

MAINS

Grilled Salmon Pastis Aïoli

2pc x 150g Salmon Fillet, Pastis Aïoli - 220
Recommended Side: Spinach Sesame
Storage: Refrigerate, consume within 3 days
Reheating: Remove salmon from vacuum bag
Pre-heat pan on medium-high heat
Coat pre-heated pan with olive oil to prevent fish from sticking
Place the salmon on oiled pan, grill marks facing down
Sear in pan 3 minutes, flip and sear for 1-2 minutes,
up to your cooking preference

Fondant Steak Pepper

2pc x 150g Braised Oyster Blade, Pepper Crust, Pepper Sauce - 220
Recommended Side: Mash Tradition
Storage: Refrigerate, consume within 3 days
Reheating: Completely submerge vacuum bag in lightly boiling water, 5-6 minutes until hot
Alternatively, remove beef from vacuum bag,
microwave 2-3 minutes until hot
Serve with reheated Pepper Sauce

Duck Confit

2pc x 150g Duck Leg, Duck Fat, Jus - 160
Recommended Side: Mushrooms Garlic
Storage: Refrigerate, consume within 5 days
Reheating: Place bag under hot water to melt the fat.
Remove duck legs, save the fat
Pre-heat sauté pan on medium heat
Sear duck legs skin side down, 5-10 mins
until duck skin is golden & crispy
Serve with reheated Duck Jus
*Reserved duck fat could be used as a replacement for cooking oils
For example, you may use it for roasting potatoes or searing mushrooms

THE BUTCHERY

Butchery items are pre-portioned,
raw products and will be delivered frozen
Storage: Freeze up to 90 days.
Consume within 3 days after defrosted
Defrosting: Defrost butchery products 24 hours in the refrigerator

Sausage Catalane

2pc x 150g Saucisses Catalanes - 80

Beef Tournedos: Fillet

2pc x 200g USDA Prime Angus - 280

Beef Entrecôte: Ribeye

1pc x 400g USDA Prime Angus - 280

Côte De Boeuf

1pc x 1kg, USDA Prime Angus - 600

SIDES

Caesar Polux

220g Caesar, Bacon & Chicken - 110
Storage: Refrigerate, best to be eaten same day
Mix with Dressing prior to eating

Lettuce & Croûtons

120g Lettuce, Garlic, Old Jerez & Olive Oil - 50
Storage: Refrigerate, best to be eaten same day
Mix with Dressing prior to eating

Spinach Sesame

400g Steamed Spinach, Garlic, Butter - 90
Storage: Refrigerate, best to be eaten same day,
consume within 3 days
Reheating: Pre-heat nonstick pan on medium-high heat
Toast almonds in dry pan and remove
Coat pan lightly with olive oil
Sauté Spinach quickly on high heat until hot
Dress with black sesame sauce & almonds

Mash Tradition

400g Mashed Potato & Butter - 90
Storage: Refrigerate, consume within 3 days
Reheating: Microwave mash potato until hot
You may add a drizzle of olive oil, and a twist of black pepper

Mushrooms Garlic

250g Mixed Mushrooms, Soy, Jerez, Cream - 90
Storage: Refrigerate, consume within 3 days
Reheating: Pre-heat pan on medium-high heat
Coat pre-heated pan lightly with olive oil
Sauté Mushrooms until hot
You may add a dab of butter, and a twist of black pepper

SWEET THINGS

Mango - Passion Earl Grey

150g Mango, Raspberries, Passion Earl Grey Syrup - 70
Storage: Refrigerate, best to be eaten same day
Dress mangoes with Passion Earl Grey Syrup prior to eating

Polux Tarte Au Chocolat

1 Slice Tarte Au Chocolat, Crème Fraîche - 70
Storage: Refrigerate, best to be eaten same day,
consume within 3 days
Set at room temperature 5-10 mins prior to eating,
serve with crème fraîche.